

DEAR PARTICIPANT

We have some exciting news which we would like to share with you. In response to many requests from clients, we've developed a new, unique and powerful personal transformation process called '*Living your Next Chapter*' (LyNC).

But first we have a couple of questions for you:

- Do you ever feel trapped sensing that you need to change something in your life but don't know how, or – more likely, feel afraid – to?
- Do you ever dream of doing or creating something – big or small – in your business or in your personal life which would make a positive difference in matters that you really care about?

If so, then LyNC could be for you. It's a unique transformation process based upon some of the latest research in the fields of human development, spirituality and neuroscience. The process is both practical and experiential, working with powerful introspective methodologies.

THE BACKGROUND

We are sure you'll agree that we live in extremely challenging times; times of ever-increasing complexity, geopolitical changes, and environmental, ecological, financial and social challenges.

On a personal level, many people find their lives are demanding and chaotic as they try desperately to balance the many priorities they face each and every day. Some people feel trapped in relationships that suffocate them, others feel trapped simply because they crave change but don't know how to make change happen.

On a professional level, leaders of organisations often fail to recognise the impact that they and their teams can make in creating a positive and healthy work environment, both for their teams and for their organisation's contribution to the world. What is sometimes missing, however, is a clear vision and concrete strategies for achieving that vision in a pragmatic and realistic way.





WHY? PURPOSE

So, what is the purpose of your life? What gives your life and work a sense of meaning? On a professional level, what is the purpose of your organisation, or indeed your leadership?

Research shows that when human beings have a clear sense of purpose and stand by their uncompromising values, they become most powerful. Therefore it is important to be clear about your purpose and your core values as these will guide you in the next chapter of your life.

Being clear about who you truly are and where you are heading is the only way in which you can make a positive difference for yourself and the world around you.

The journey of a thousand miles begins with one step.

Lao Tzu

HOW? THE PROGRAM

LyNC is a six month transformation process consisting of four steps. It is a blend of teachings, reflections, Q&As, deep dialogues, group and individual work, explorations, meditation, coachings and online inspiration and exchange.





DR. ERIKA M. KLEESTORFER & GRAHAM J. BIRD

Both are leading authorities on the subject of personal leadership and life transformations. They both have extensive experience in



organisational transformation, leadership and the world of personal development, and are also qualified Executive Coaches.

"Working with **Erika** means that you profit at multiple levels from her rich knowledge and expertise in the areas of leadership development and talent management.

Highly professional, reflecting state-of-the-art practices and thinking based on science and best practices. Always linked to business strategy and culture.

It is highly practical and experiential for the individual and a delicate performance enhancement for the company. Clearly a win-win situation that helps to succeed and to grow."

Dorothee Helbig

Global Head Leadership & Management Programs, Deutsche Bank AG

"Graham knew exactly when to push people to open up but equally important he knew when to allow people time to understand their feelings in quite an emotionally-charged course.

I was lucky enough to have the privilege of working with Graham on a number of one-to-one coaching sessions after the course and in all of these Graham was highly professional, insightful and genuinely interested.

I would hope to be able to work with Graham again in the future as he really helped me to improve as a leader and indeed as a person."

Eugene Mitchell New Business Director, Telefonica O2 (Ireland)





Sometimes it's the journey that teaches you a lot about your destination.

Drake

WHEN AND WHERE? THE FACTS

The next LyNC program will take place from

July 4th–6th, 2018 in Vienna (Baden)

Seminarhotel Krainerhütte Helenental 41 2532 Heiligenkreuz Austria

We would be delighted to welcome you to this transformational experience. Please register soon as the maximum number of participants is 12. We intend to keep the group small in order that we can pay full attention to all. The cost of the programm is € 1,980.00 excluding VAT, travel and hotel accommodation.

This includes

- all programme materials
- follow-on one-to-one coaching
- online support and materials

Please enroll via office@kleestorfer.com

We are very excited about the LyNC program and the impact it will make in this fast-changing and demanding world of opportunity. We do hope that you will join us on this transformational experience.

We look very much forward to welcoming you in Vienna. If you have any questions don't hesitate to contact us via office@kleestorfer.com

